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Celebrity Buzz

Mendes needs a little spice in her life

pg 14

Doctor suspended for 18 months

BEHAVIOUR A northern Alberta physician has been suspended for inappropriate behaviour involving a female patient.

The College of Physicians and Surgeons released a decision yesterday stating that Dr. Habeeb Ali is suspended from his practice for 18 months.

From August to November 2006, Ali had an "inappropriate relationship with a female patient that may or may not have included sexual activity," the decision said.

Ali has been ordered to begin psychotherapy with an expert who treats physicians that have committed sexual-boundary violations at his expense. Ali was a practising family doctor in High Level before his suspension. **METRO EDMONTON**

Food pg 10



Lucky foods, lucky year?

Comment pg 7

Obama new political force

Style pg 11

Best in jeans



Ballet Breast cancer walk



Sylvia Delluniversidad of the Edmonton School of Ballet performs with others from the school at the City Centre Mall yesterday to help raise awareness for the Weekend to End Breast Cancer fundraising walk, which takes place Aug. 7 to 9. To emphasize the fact that one in nine Canadian women will be diagnosed with breast cancer in their lifetime, three of the 27 ballerinas wore pink tutus.

First '09 homicides

Pair of murders take place in southwest neighbourhoods

JEFF CUMMINGS
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Residents in two neighbourhoods in the city's southwest woke up yesterday to police tape, squad cars and homicide detectives knocking on doors at several homes to investigate two separate shootings within an hour overnight.

Police say a man, believed to be in his 30s, died from what appeared to be gunshot wounds in a black Escalade that slammed into a home on 156 Street and 77 Avenue shortly after 11:30 p.m. Tuesday.



EPS forensics investigate a homicide scene at 156th Street and 77th Avenue yesterday.

A male passenger believed to be in his 20s or early 30s, who witnesses say was wearing a red and black plaid jacket, was seen running from the area just after the crash, police said. Neighbours say the people who live in the home,

an older family, were not hurt, but they were startled when they heard the crash. "I was upstairs and I thought I heard two loud backfires from a truck — that's what it sounded like," said Lyndsay Colman, who lives near the home.

Homicide detectives were also busy in MacEwan after a man was found in the middle of the upscale residential road along McAllister Loop after several neighbours heard gunshots around 12:15 a.m.

Police say neighbours heard several vehicles speeding away.

"Something like this never happens down here," resident Scott Hyde said. "I haven't seen police vehicles out here in a long, long time."

Detectives in both cases say the investigations into identifying the two victims are underway. Autopsy took place yesterday.

Police spokesman Jeff Wuite says detectives are still trying to figure out if the cases are related. "Certainly when you have two incidents like this so close together in the city in the same area of town, that's something we need to look at," said Wuite.

These are the city's first and second homicides of the year.

Idling bylaw put on hold

JEFF CUMMINGS
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DEBATE Council has decided to put the brakes on the anti-idling bylaw debate for now, but they've agreed to rev up another public education campaign.

That was after the very long debate took a new twist yesterday morning, when the suggestion came up that the bylaw should target drivers in areas near schools, or if it should be led with an education campaign.

Coun. Ron Hayter had some stern words for his colleagues during yesterday's debate.

"That's why an education and an awareness campaign is so important, because you got the gung-ho councillors that want to put it in right now and shove it down their throats," said Hayter, who urged councillors to take more time in their decision.

Drivers caught idling their vehicles longer than three minutes in conditions warmer than -10 C could expect a fine of \$250 under the new bylaw proposed by city council. Bylaw officers would also depend on citizens to snitch on idling drivers.

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NAIT hosting LEGO Robotics Championships

NAIT is hosting the First LEGO League Robotics Championships on Saturday. Head to the gym at the main campus from 8:30 a.m. to 11:45 a.m. to view the teams' robots. **METRO EDMONTON**

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Local



Police to unveil new colours, crest

The Edmonton Police Service will unveil its new colours and redesigned crest today. The public is invited to join police officials, dignitaries and Lt.-Gov. Norman Kwong between 10 a.m. and noon in the city room at city hall. The presentation will include performances by the EPS Chorus and the Pipes and Drums.

METRO EDMONTON

UGLY BETTY

9 Tonight

Citytv

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RCMP investigate suspect's death

CRIME Mounties are investigating after a suspect died in police custody yesterday morning.

The man was arrested in Red Deer around 9:30 p.m. Monday. He was lodged in cells at the Red Deer Remand Centre, and was found dead the next morning. He was not in conflict with guards or inmates beforehand.

The body was taken to the medical examiner's office yesterday for an autopsy. **METRO EDMONTON**

Oilsands' eye in the sky

VICTORIA HANDSIDES
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The world will soon have a bird's eye view of what effect the oil sands are having on our environment.

Pairs of eyes around the world were fixed on computer screens at 6 p.m. yesterday, watching the highly anticipated launch of Ibuki, a Japanese satellite that is the first to monitor greenhouse gases from space.

"This tool is going to allow us new opportunities for solutions," said Arturo Sanchez-Azofeifa, professor of earth and economic sciences at the U of A.

Ibuki can monitor pieces of land 10 kilometres squared so exact that leaks in pipelines can be pinpointed from space.

The research team is eagerly awaiting data from the satellite to start arriving, predicting major benefits for the provincial government and industry. Ibuki will fly over Alberta once



Researchers Arturo Sanchez-Azofeifa and Petr Musilek are the Alberta brains who will receive data from Ibuki, a Japanese satellite that will help paint a clear picture on what oilsands development is doing to the environment.

every three days.

"If there is a forest fire, it's going to show up like an eyesore in the landscape," Sanchez-Azofeifa said. "We've also not looked yet at the emissions of cities, and people will start looking at urban development and how

this contributes to CO2 — especially here in Edmonton where there are upgraders in the middle of the city."

It's hoped the data will help the province and environmental groups understand the effects oil extraction and production are hav-

ing on the world, and what to expect in the future.

For more information about Ibuki, visit www.jaxa.jp.

University researchers demo their new technology at metronews.ca/canada

Calgary looks into poaching local recruits

LINDSEY WALLS
for Metro Canada

HIRING Students at Grant MacEwan College got a visit from Calgary police yesterday.

The Calgary Police Service was looking for a few good men and women in both Edmonton and Saskatoon yesterday in order to fill 200 new positions by the end of the year.

"It's about getting the message out to as many people across the province as possible that we're hiring," Staff Sgt. Craig Skelton, head of the Calgary Police Service recruiting unit, said.

Skelton said Grant MacEwan is an especially important place to recruit because of the police studies program offered there.

"We want them to know that there are job opportunities when they get out," Skelton said, mentioning their competitive salaries.

metronews.ca

WHAT'S ONLINE TODAY

Video Families of 9-11 victims outraged after trials at Gitmo halted at metronews.ca/world

Lotteries

Lotto 6/49: 8, 32, 34, 39, 43 & 48. Bonus 25
These results are not official.



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Four former prime ministers called yesterday on Ottawa to include a "green stimulus" in Tuesday's budget in an attempt to stimulate Canada's flagging economy. "Green stimulus creates jobs," former prime ministers Kim Campbell, Joe Clark, Paul Martin and John Turner wrote in a statement. **CBC NEWS ONLINE**

Canada



Baby dials 911, dad arrested

A White Rock, B.C., man was arrested last Friday after his 11-month-old son dialed 911 and then hung up. RCMP responded to the call, only to find the baby playing with a cordless phone. Further inspection of the residence revealed a 500-plant marijuana grow-op. The father will appear in court in early April, the baby was released into the mother's custody.

METRO NEWS SERVICES

Poll finds Liberal support up with new leader

POLITICS The Liberal party has gained popular support under new leader, Michael Ignatieff, according to a poll released by the Globe and Mail yesterday.

The Ekos/Globe and Mail poll shows a majority of Canadians hold a negative view of Conservative Prime Minister Stephen Harper, while Ignatieff was seen as the best leader to work with the new U.S. President Barack Obama.

Ignatieff has the approval of 44 per cent of respondents. But the Tories continue to lead in overall voting intentions in Canada, with the support of 36.2 per cent of respondents, compared with the Liberals at 32.6 per cent and the NDP at 14.3 per cent, the poll found.

REUTERS

Election not wanted: Iggy

The Opposition leader said yesterday that Canada needs an election over next week's budget "like a hole in the head" — the latest sign that he will keep the minority Conservative government in power.

If the Opposition Liberals vote against the Tuesday budget, the government will almost certainly be defeated. That could trigger an election at the end of February or the start of March.

"We need an election in February like a hole in the head. It is not the preferred choice of Canadians. We're in a recession (and) Canadians all know that an election is expensive," Liberal Leader Michael Ignatieff told a televised news conference in Montreal.

"We need an election in February like a hole in the head ... We're in a recession (and) Canadians all know that an election is expensive."

Michael Ignatieff, Liberal leader

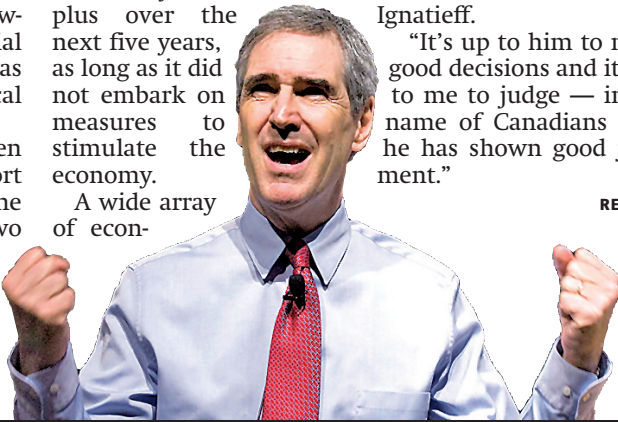
Ignatieff told Reuters on Tuesday that he was quite prepared to vote against the budget if he felt it could not tackle the growing effects of the financial crisis. He also said he was trying to calm political tempers.

Prime Minister Stephen Harper needs the support of the Liberals to back the budget, given that the two other opposition parties in Parliament have already made clear they will vote against it.

The government infuriated opposition parties

late last November by issuing a financial update that predicted the country could stay in surplus over the next five years, as long as it did not embark on measures to stimulate the economy.

A wide array of econ-



REUTERS

Lawyer plans freedom of religion defence in polygamy case

COURT The lawyer for one of two religious leaders facing polygamy charges in British Columbia said he plans to use gay marriage and the right to religious freedom to defend his client.

Blair Sufredine, lawyer for Winston Blackmore, said that if adults of the same sex can legally marry, the same right should apply to adults who want to enter conjugal relationships with more than one person at a time.

Blackmore, 52, is charged with having 20 wives. He and James Oler, 44, who is also facing polygamy charges for having two wives, appeared in court in Creston, B.C., yesterday morning. They are rival leaders in the religious community of Bountiful and face up to five years in jail if convicted.

METRO CANADA

One love

- The main Mormon church ended the practice of polygamous marriage in 1890.

Vancouver From The Hills to the pill



JEFF HODSON/METRO CANADA

The Hills star Lo Bosworth was in Vancouver yesterday to promote Yaz, a new birth control pill. "I feel (birth control) is something that is no longer ignored — people talk about it," said Bosworth. The TV star said she was initially reluctant to become a spokeswoman for the contraceptive, but researched the drug's claims and was won over.

Head of Listeria probe in conflict of interest: Critics

HEALTH The woman appointed to probe last summer's deadly listeriosis outbreak has a glaring conflict of interest and can't credibly assess how public safeguards failed, critics say.

The Liberal, NDP and Bloc Québécois parties are all pushing for a full judicial inquiry into the disaster linked to Maple Leaf Foods.

Prime Minister Stephen Harper stopped short of

Harper connection

- The former Edmonton health care executive was appointed even though she already serves on Harper's advisory committee to revamp the public service.

that as he named Sheila Weatherill this week to lead an "arm's-length investigation."

TORSTAR NEWS SERVICE

Off-duty cops arrested for assault

B.C. Three off-duty Vancouver police officers were arrested for assault and robbery in downtown Vancouver yesterday after an altercation with a Surrey man.

Police provided little information except to say the officers, who are from the West Vancouver, New Westminster and Delta police de-

partments, were involved in an altercation with a 47-year-old man.

Vancouver police said an ambulance was called, but no one was taken to hospital.

All three departments have initiated investigations into the officers' conduct and the charges against them.

METRO CANADA

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News in brief

SMOKING BAN A new law came into effect yesterday in Ontario that bans people from smoking while in cars with children under 16. The law, passed last year to protect children from the ill effects of second-hand smoke, was timed to take effect on "Weedless Wednesday," a day when smokers are encouraged to beat the addiction to tobacco.

ASSAULT A Saskatchewan provincial court judge has been removed from his court duties after being charged with two counts of assault, CBC News Online reports. Judge Donald Bird has not sat in court since Dec. 4, 2008, when provincial court Chief Judge Carol Snell learned Bird was the subject of a criminal investigation, Snell said in a news release.

SUPREME COURT Wal-Mart Stores Inc. violated the rights of workers at a Quebec store when it closed the store following union-organizing efforts, lawyers for the workers told the Supreme Court of Canada yesterday. The case has the potential for widespread repercussions as unions seek a foothold in Wal-Mart stores in Canada and the United States.

METRO NEWS SERVICES

Budget's tax breaks not permanent: Finance minister

ECONOMY Canadians are unlikely to see permanent, across-the-board reductions in their tax burden in Tuesday's budget because doing so could condemn Ottawa to perpetual budgetary deficits, Finance Minister Jim Flaherty confirmed yesterday.

The government is determined to reverse its negative fiscal situation as soon as possible and will lay out deficit escape tactics in the budget, Flaherty said.

Instead of broad-based tax cuts, the budget will contain short-term breaks and incentives such as tax credits for home renovations or tax savings for companies that invest in advanced or green technologies, sources have said.

TORSTAR NEWS SERVICE

New cream might prevent spread of herpes infection

Researchers say they have developed a cream that might prevent herpes infection for as long as a week — a potentially big step in protecting women from the sexually transmitted infection. The cream uses a new kind of therapy called RNA interference to turn off genes that the virus uses to invade cells, the researchers said. **REUTERS**

World



Chile swaps martinis for condoms

It's out with the Martini and in with condoms as Chile revamps its consumer price index to reflect changing consumer patterns. The new measure, with a December 2008 base, will put more emphasis on transport costs and less on food. Other items added to the index basket include hamburgers, rum, hunger-suppressants and Internet services, while film, video rentals and computer diskettes were among those withdrawn. **REUTERS**

Obama springs into action on first day

U.S. President Barack Obama had a busy first full day in office that saw him meet his economic advisers and war council and plunge into Israeli-Palestinian peace diplomacy.

Obama's packed agenda signaled he was serious about meeting his promise to break sharply with his Republican predecessor George W. Bush's policies at home and abroad.

He even managed to squeeze in one small but pressing matter — retaking his oath of office. Chief Justice John Roberts had inadvertently switched a word while administering it on Tuesday.

Acting swiftly on Day 1 after his inauguration, Obama also ordered a full review of the U.S. strategy in Afghanistan, where he has pledged to boost troop numbers, and told generals to take the first steps toward executing his campaign pledge to withdraw troops from Iraq.

Obama, who has vowed a bolder pursuit of Israeli-Palestinian peace than

\$358B rescue plan

• A U.S. House panel yesterday backed a \$358-billion package of new government spending, the first key test for a massive Democratic plan aimed at boosting the ailing U.S. economy.

Bush, also called Israeli and Arab leaders to promise his help in consolidating the Gaza ceasefire.

"He pledged that the United States would do its part to make these efforts successful, working closely with the international community," White House spokesman Robert Gibbs said.

With his prompt attention to the decades-old Middle East conflict, he made clear it would be a top foreign policy priority among the problems he inherited from Bush.

On the domestic front, with markets volatile and job losses mounting, Obama held a late afternoon meeting with top economic advisers to try to chart a course out of the economic crisis.

REUTERS



U.S. President Barack Obama, alongside his wife, Michelle Obama, greets members of the public touring the Blue Room of the White House in Washington, D.C. yesterday.

Guantanamo closure orders set for today

PRISON U.S. President Barack Obama is ready to issue orders today to close Guantanamo prison and overhaul the treatment of terrorism suspects, in a swift move to restore a U.S. image hurt by charges of torture.

A draft executive order obtained by Reuters yesterday sets a one-year deadline to close the controversial U.S. military prison at Guantanamo Bay, Cuba, where foreign terrorism suspects have been detained for years without trial.

Yesterday, a military judge suspended the cases of five suspected plotters of the 9-11 attacks on the U.S. and of Canadian Omar Khadr, a day after Obama sought a 120-day suspension of pending Guantanamo cases.

He will also ban abusive interrogations and order a review of detention policies for captured militants, aides said. **REUTERS**

Israeli forces finish withdrawal from Gaza Strip

CEASEFIRE Israel completed a troop pullout from the Hamas-ruled Gaza Strip yesterday, starting its relationship with U.S. President Barack Obama by leaving Palestinian land devastated by the offensive.

"We've redeployed on our side of the frontier and we will follow events closely," said Mark Regev, a spokesman for Israeli Prime Minister Ehud Olmert. "If Hamas breaks the ceasefire, we of course reserve the right to act to

protect our people."

Obama's predecessor, George W. Bush, endorsed Israel's right to defend itself against rocket fire by the Gaza Strip's ruling Hamas Islamists.

Obama reiterated that he and his administration would work to achieve Middle East peace, a Palestinian official said.

Under international pressure to end the deadliest Israeli-Palestinian fighting in decades, Israel and Hamas declared sepa-

No uranium?

• Israel denied yesterday its armed forces used ordnance with depleted uranium during the Gaza Strip offensive, and said that could be proven by any UN investigation.

rate ceasefires on Sunday, opening the way for more aid to be brought into the rubble-strewn enclave where thousands are

homeless.

Reconstruction, if it can be launched in light of the West shunning of Hamas as a "terrorist" group, may cost close to \$2 billion, according to Palestinian and international estimates.

Diplomatic efforts led by Egypt were focusing on reaching a long-term Israel-Hamas truce deal, far short of an accord on Palestinian statehood sought by the United States and other international peace brokers. **REUTERS**

Senate approves Clinton as U.S. secretary of state

POLITICS Hillary Clinton Rice won U.S. Senate approval as secretary of state yesterday despite renewed Republican concerns about potential conflicts of interest created by her husband's foreign fundraising.



On a 94-2 vote, Hillary Clinton approved Clinton's nomination by President Barack Obama to be the top U.S. diplomat. Clinton, a former first lady and New York senator, was sworn in shortly after the Senate acted and replaces former Secretary of State Condoleezza

During a Senate debate, Republican Sen. John Cornyn of Texas raised the potential for conflicts of interest created by foreign donations to the charitable foundation of her husband, former president Bill Clinton.

Among the nearly \$500 million given to the foundation, established by Bill Clinton to pay for his library in Arkansas and charitable projects around the world, are donations from foreign governments that Hillary Clinton could deal with in her new role. **REUTERS**

Suspect in London bombings arrested after raid in Pakistan

PESHAWAR A Saudi national suspected of involvement in the 2005 bombings of the London transport system and of being an al Qaida militant was arrested yesterday, Pakistani officials said.

The man identified as Zabi-ul-Taifi was arrested along with six other militants in a pre-dawn raid on the house of an Afghan

refugee.

The intelligence officials had earlier said that the arrested men were believed to have planned attacks on trucks taking supplies to Western forces in Afghanistan and they included four Arabs and three Afghans. A militant source had said that two Arabs and five Afghans were arrested. **REUTERS**

Caroline Kennedy withdraws bid for Clinton's spot in Senate

SENATE Caroline Kennedy told New York Gov. David Paterson she was withdrawing from consideration to replace Hillary Clinton in the U.S. Senate, The New York Times reported.

The New York Post also reported that the daughter of slain president John F. Kennedy withdrew from consideration, citing unnamed sources.

Kennedy, 51, spent part of her youth in the White House but has never held public office.

After President Barack Obama tapped Clinton to be his secretary of state, Kennedy launched an unusual public campaign to replace her. The move was seen as a possible continuation of the Kennedy political dynasty. **REUTERS**

News in brief

SOUTH AFRICA Graca Machel, the wife of Nelson Mandela, yesterday described Zimbabwe's government as illegitimate and said regional leaders had allowed hundreds of thousands to die needlessly in the African nation. Zimbabwe

we is facing a humanitarian catastrophe as President Robert Mugabe and the opposition bicker over a stalled power-sharing deal. Rights groups say scores of opposition activists have been murdered, tortured and beaten. **REUTERS**

Thousands of labour union members marched yesterday outside the offices of Brazil's central bank in Sao Paulo and Brasilia, calling for a steep drop in interest rates to help spur the country's economy and prevent mass layoffs. **REUTERS**

Business

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

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Deficit to reach \$13B?

Canada's budget deficit is likely to total at least \$13 billion in the 2009-10 fiscal year, or 0.8 per cent of gross domestic product, before any stimulus measures are taken, the parliamentary budget officer said yesterday.

The new estimate compares with the officer's estimate last November of a deficit of \$3.9 billion for the same period.

To avoid a long-term structural deficit, the Conservative government's upcoming budget should avoid any permanent measures, such as permanent tax cuts, that cost more than \$6 billion annually, according to notes published by Kevin Page.

The rapidly worsening economy could lead to cumulative budget deficits of \$46 billion from 2009-10 to 2013-14. **REUTERS**

Budget plans

- The budget next week will contain tax measures, Finance Minister Jim Flaherty said yesterday, but declined to say whether they would be permanent or broad-based measures.

Nortel grounds corporate jet

BANKRUPTCY Nortel Networks Corp. has grounded its corporate jet and is in talks to get rid of it as the telecom equipment maker cuts costs and restructures its ailing business, which is in bankruptcy protection.

The plane was used primarily to ferry chief executive Mike Zafirovski on business trips. **REUTERS**

In brief

AUTOS General Motors reported an 11 per cent drop in global sales in 2008 to 8.35 million, allowing Toyota to surpass it as the world's largest automaker for the first time. Toyota logged 8.97 million sales.

INQUIRY The Securities and Exchange Commission is examining Apple Inc.'s disclosures about chief executive Steve Jobs' health problems to ensure investors were not misled. Jobs is taking a six-month leave for a "more complex" than anticipated illness. **REUTERS**

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Comment & Views

Comment

A third force in Canuck politics

Home&Abroad

Andrew Cohen

Canada & world insight

It is heartening to learn that Barack Obama plans to make his first foreign trip as president to Canada.

It is something of a tradition for a new president to visit Canada before he visits anywhere else. It is an expression of respect for America's oldest friend and largest trading partner.

In 2001, the newly-elected George W. Bush went to Mexico first. It was considered a snub in Ottawa, an inauspicious beginning to a prickly relationship between Bush and Jean Chrétien.

Our amour propre was wounded, again, when Bush addressed Congress after 9-11. Acknowledging the many countries which had helped the United States, he ignored Canada.

Not terribly gracious, we thought.

Two years later, Canada refused to go to war in Iraq and conveyed its decision badly to Washington. An angry president cancelled a visit to Ottawa that spring. Said he was too busy.

George W. Bush knew or cared little about Canada. As a southwestern, conservative, religious Republican, he was remote from this country, geographically, ideologically and temperamentally. When Iraq

That's gone now. Like almost everywhere else in the world, Barack Obama is a darling in Canada. Looking at him and the hope he's generated, Canadians are disappointed with their fractious politics.

Behold, American envy. It is now the United States, not Canada, which is new and daring. While we grudgingly elect a dour, flinty economist, Americans embrace a conciliatory, inspiring supernova.

This is hard for Canadians, who have long thought that they are more liberal, that they're more tolerant of visible minorities, that America is a melting pot of conformity. No longer.

Indeed, so great is Barack Obama's appeal that he could become a third force in our politics. He's more popular than Harper here, and that gives him credibility.

The president's influence, should he use it, may be greatest in climate change; Obama is expected to urge Canada to adopt higher continental standards on carbon emissions. This is a problem for Harper, who has supported the oilsands in Alberta, a huge source of pollution.

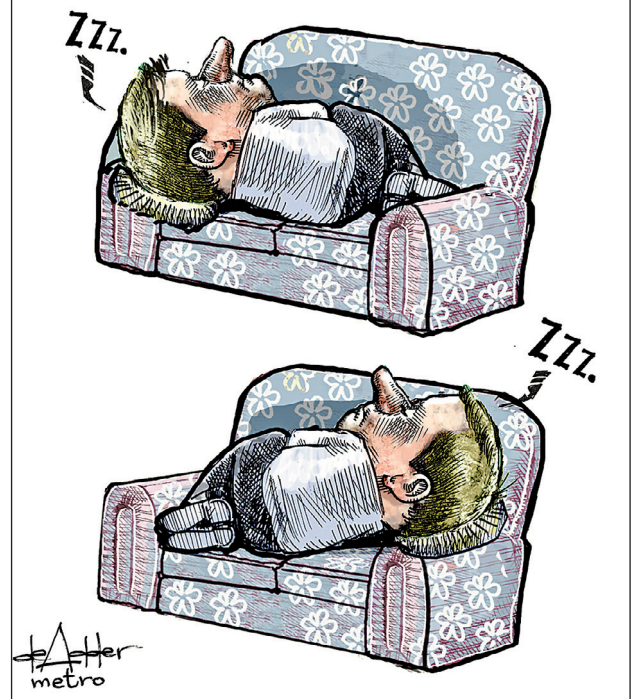
Then there is Afghanistan, where the Americans are increasing their military commitment. They will probably ask us to stay longer than 2011, when our troops are to leave.

As the president prepares to come to Ottawa, Harper will learn there is another leader of the opposition. His name is Barack Obama.

Andrew Cohen teaches journalism at Carleton University. He is the author of *Extraordinary Canadians: Lester B. Pearson*.



STEPHEN HARPER CHANGING HIS POSITION ON OMAR KHADR:



Worth mentioning

Cleaner air equals longer lives: Study

Dramatic improvements in U.S. air quality over the last two decades have added 21 weeks to the life of the average American, researchers reported yesterday.

Reducing fine particles given off by automobiles, diesel engines, steel mills and coal-fired power plants have added as much as 15 per cent of the 2.72 years of extra longevity seen in the U.S. since the early 1980s, researchers wrote in the *New England Journal of Medicine*.

Changes in smoking habits are the biggest reason why Americans are living longer, said Arden Pope, an epidemiologist at Brigham Young University in Utah who led the study.

Improved socioeconomic conditions, judged partly

by the proportion of high school graduates living in an area, rank next. But cleaner air was a big factor.

"It's stunning that the air pollution effect seems to be as robust as it is after controlling for these other things," Pope said.

The findings show there has been a real dividend from the efforts since the 1970s to improve air quality, said Pope.

In a commentary, Daniel Krewski of the University of Ottawa said the study "provides direct confirmation of the population health benefits of mitigating air pollution and greatly strengthens the foundation of the argument for air-quality management."

Based on earlier research, the World Health Organization has estimated that 1.4 per cent of all deaths around the world are caused by air pollution particles.

REUTERS

Metro Online Poll Results

66%
SAID
YES

Can Barack Obama reverse America's dwindling fortunes?

Weigh in on today's question at metronews.ca

34%
SAID
NO

Views

A reckless heart is really the danger



Doug Firby

There's a popular current of thought that snow resorts should "ban" skiers and riders who go out of bounds, for fear they are costing taxpayers a lot of money when they need to be rescued from remote backcountry locations.

But not every backcountry adventurer needs to be rescued. And charging them thousands of dollars for the rescue could discourage some from calling for help when they really need it.

When three skiers and one snowboarder slipped out of bounds at Vancouver's

Grouse Mountain resort earlier this month in pursuit of some fresh powder, for example, they were "rescued" even though they reportedly didn't seek any help. In that case, the rescue — and subsequent ban from Grouse Mountain — was the resort's way of driving home the point that they don't want their facility used as an entry way to the backcountry.

In some cases, however, resorts have no such authority. All any resort can do is try to ensure there are plenty of signs warning adventurers of the potential dangers beyond the boundaries. Backcountry adventurers are supposed to register with Parks Canada before they head out, but you'd need an army of wardens to enforce such a requirement.

"It's too bad we couldn't bill people for being stupid or reckless. Often it's the ill-informed and ill-equipped ones who are the cause of trouble."

There is one offence, however, that ski areas can and do clamp down on — skiing or riding in closed areas. Guests who enter a closed area are liable to have their passes yanked for the season.

Areas are closed because they either don't have enough snow or have unstable conditions, including risk of avalanche. Knowingly entering one of those areas is an invitation for trouble, and a violation of the Alpine Responsibility Code, which requires skiers and riders to "stay off closed trails and closed areas." When you

purchase your pass in western Canada, you agree to the terms of the code.

Snow resorts strongly prefer guests stay within bounds. The moment you slip under that rope, you are rolling the dice on conditions.

It's too bad we couldn't bill people for being stupid or reckless. Often it's the ill-informed and ill-equipped ones who are the cause of trouble. And everyone ends up paying the price for that.

Doug Firby is Associate Director of Communications for Sunshine Village Ski and Snowboard Resort in Banff National Park.

It's your turn to tell others what you think. E-mail your thoughts and opinions to: edmontonletters@metronews.ca

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

The Pittsburgh Steelers will wear their white road uniforms against Arizona in the Super Bowl, just as they did when they defeated Seattle for the NFL title three years ago in Detroit. The Cardinals, as the home team, chose to wear their red home jerseys in the Feb. 1 game in Tampa. **METRO NEWS SERVICES**

Sports

SPORTS@METRONews.CA

Sports in brief

MLB Jeff Kent, who launched his MLB career with the Blue Jays before starring in the NL for more than two decades, plans to announce his retirement from baseball today. Kent spent 17 years in the major leagues and leaves as the career home-run leader among second basemen with 351.

CFL The Winnipeg Blue Bombers acquired backup quarterback Stefan Lefors from the Edmonton Eskimos yesterday for a 2009 second-round draft pick and conditional selection in the 2010 Canadian college draft. The move reunites Lefors with Bombers head coach Mike Kelly, who last year was Edmonton's receivers coach. Lefors could replace veteran Kevin Glenn for first-string status in Winnipeg. The Bombers also re-signed middle linebacker Barrin Simpson. Simpson was leading the CFL in tackles last year before suffering a season-ending torn pectoral muscle.

NHL Patrick Marleau of the San Jose Sharks and defenceman Stephane Robidas of the Dallas Stars have been added to the NHL Western Conference all-star roster. Marleau will fill in for injured Red Wings forward Pavel Datsyuk while Robidas takes the place of injured Detroit defenceman Nicklas Lidstrom. The all-star festivities kick off this week in Montreal and the game will be played Sunday. Pittsburgh Penguins captain Sidney Crosby expects to play despite his sore left knee.

METRO NEWS SERVICES

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Bring the all-stars back to Edmonton

With the NHL all-star game taking place in Montreal this Sunday, and with my Oilers column due immediately, the question popped into my mind — isn't the city of Edmonton due or overdue for its turn in the spotlight?

After all, it's been exactly 20 years since the Oilers hosted the mid-season celebration of individual excellence.

How long is that in hockey terms?

Well, let's put it this way — surefire non-Hall-of-

Famers such as Walt Poddubny, Mike Ridley and Mike McPhee were among those named as reserves for the Wales Conference team that year.

Thanks to the 2010 Winter Olympics in Vancouver, there won't be an all-star game next season.

But beyond that, the league hasn't awarded any city the honour of hosting subsequent games. And although the Oilers can't point to 100 years of history as the Canadiens can, they do have a number of important franchise anniversaries on the horizon the all-star weekend could

The **Hockey News**

Adam Proteau

thehockeynews.com

help celebrate.

In 2010-11, it will have been 25 years since Edmonton won its third Stanley Cup; the following season will mark the 25th year since the Oilers' second back-to-back championship; and 2014-15 represents a quarter-century

since (potentially) their last Cup win.

Any one of those seasons would make a ton of sense; now it's up to Oilers owner Daryl Katz and his management team to make it so.

And hey, here's a thought — what if the all-star game could be played outside in Edmonton? If the Oilers were awarded the 2013 game, they could pay tribute to the decade that's passed since the first Heritage Classic took place at Commonwealth Stadium.

Now, maybe you're reading this and thinking to yourself, who cares about a

worthless game that's held mainly for the NHL's corporate sponsors?

And maybe I agree with you. But let's quickly recap some of the cities that have hosted the all-star game since the Oilers did: San Jose. Tampa Bay. Los Angeles. Florida. And Atlanta.

If the all-star game is good enough for those five hockey hotbeds, there's certainly room for another mid-season visit to Edmonton.

The Hockey News
thn.com

Does the NHL's future success lie across the pond?

If you go back to 1957, a hockey fan might have called it preposterous, the notion of having an NHL team in southern California.

Ten years later, the Los Angeles Kings were born. In 10 years from now, where will the NHL be?

To some, the answer is clear: Europe. Perhaps a European division — Berlin, London, Prague, Stockholm, Helsinki, Zurich. It's not a far-fetched idea.

"There is a great deal of enthusiasm and a real market for the NHL game in Europe," says Paul Kelly, executive director of the

"The NHL may not have a choice."

Detlev Zwick

NHL Players' Association and one of the leading proponents of the globalization of the game.

For now, the league talks only of doing what's best for the 30 existing teams.

The Phoenix Coyotes are living off league handouts, the Florida Panthers have laid off staff, the Nashville Predators have one of its owners in bankruptcy court, the Atlanta Thrashers owners are suing each other, and the situation in Tampa changes minute-by-minute.

Relocating weak teams — perhaps putting a second team in Toronto, or one in Hamilton or Winnipeg — within North America is certainly more likely in the short term than locating a team in Europe, said Kelly.

Detlev Zwick, a professor of marketing in the Schulich school of business at York University, sees Europe as the NHL's best hope, believing the North American sports market to be saturated, witnessing an economy in recession.

"They have to look at Europe, and yes, there are lots of logistical problems that come into play," says Zwick. "But it's sort of inevitable from a corporate perspective. They need to develop new markets if they want to see real



Lack of interest in many American cities, combined with the current economic climate, may lead the league to expand across the Atlantic. But would Europe accept the NHL?

growth."

The NHL also has its reputation at stake as the world's premier hockey league. It faces a direct threat from the KHL, the former Russian Super League that has pan-European aspirations. "The NHL may not have a choice if they are to maintain their premier position as the best hockey in the world," said Zwick.

Caught in the middle are

European ice hockey federations, desperate to keep their national leagues intact, fearful that the biggest cities in those leagues would be poached by outside interests.

"We don't see any reason for the NHL to play permanently in Europe," Jukka-Pekka Vuorinen, president of Hockey Europe, said.

The International Ice Hockey Federation says

the NHL would fail miserably, citing the fact that the NFL pulled the plug on the money-losing NFL Europe and saying the NHL would be seen as interlopers along the line of how the WHA was perceived when playing in NHL cities.

"It would be a potential disaster for this NHL's European Division," said Rene Fasel, president of the IIHF. **TORSTAR NEWS SERVICE**

Metro Homes

Rack 'em up

JULIA TEXTOR
for Source Media Group



So, you've made it through yet another Christmas shopping season. Good for you! You may have even managed to pick up a few things for yourself, like a new winter jacket or toque; better yet — you got them as gifts. But now that you're home, in your 600-square-foot condo, just where are you suppose to put all your new loot? As bulky winter jackets can inefficiently fill up valuable closet space, stylish and tasteful coat racks can be a great way to add additional storage to close living quarters.

PHOTOGRAPHY BY JOANNE CHANG



Right: Torre & Tagus Wing coat rack. Comes in white, black and brown. Available at Urban Barn.

\$169



\$180

Above: Torre & Tagus Cleo coat rack. Available at Urban Barn.



\$479

Above: Collector's classics coat tree. Comes in terrene, carbon and glacier finishes. Available at Ethan Allen.



\$168

Above: T425 Prairie View. Comes in a dark, oak stain finish. Available at Ashley Furniture.



\$199

Left: ODDA storage unit with clothes tree. Available at IKEA.



\$49

Left: PORTIS clothes rack. Available at IKEA.



\$219

Above: Worn white hall shelf. Also comes in black. Available at Ethan Allen.



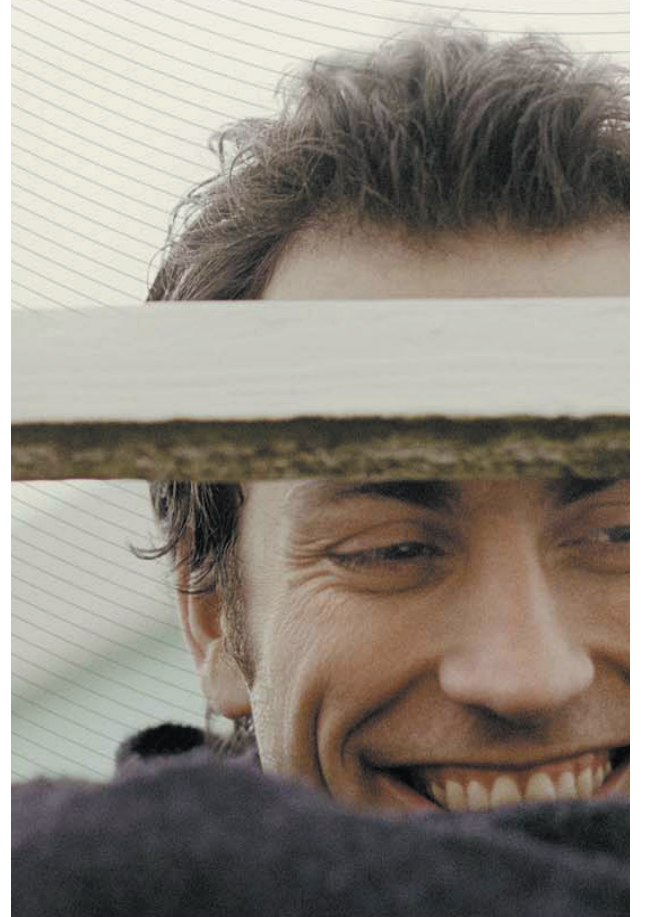
Right: Torre & Tagus Anchor coat rack. Available at Urban Barn.

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Sweet, steamed cakes are popular during Chinese New Year; their sweetness symbolizes a rich, sweet life, the layers symbolize rising abundance for the coming year, and the round shape signifies family reunion. **METRO NEWS SERVICES**

Food

"The word for fish, 'Yu,' sounds like the words both for wish and abundance. On New Year's Eve it is customary to serve a fish, symbolizing a wish for abundance in the coming year."

Barb Holland/for Metro Canada



Served whole

For added symbolism, the fish is served whole, with head and tail attached, symbolizing a good beginning and ending for the coming year.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

Here's to another New Year

À la carte

Barb Holland

Metro Food Writer

As it falls on the first day of the lunar calendar, the specific date of Chinese New Year changes each year. This year, 2009, it is Jan. 26 and this is the Year of the Ox.

Given the importance of food in Chinese culture, it is not surprising that food plays a major role in Chinese New Year celebrations and "lucky" foods are served through the two-week Chinese New Year celebration.

What gives a certain

food symbolic significance? Sometimes it is based on appearance. Noodles represent a long life; an old superstition says that it's bad luck to cut them. Or, a food may have special significance because of the way the Chinese word for it sounds. The Cantonese word for lettuce sounds like rising fortune, so it is common to serve a lettuce wrap filled with other lucky food.

Kung Pao Chicken

This spicy dish is served in both Szechuan and Hunan restaurants. Serve with rice or noodles and a green vegetable such as bok choy. Makes 4 servings.

INGREDIENTS:



Noodles — very popular in Chinese cuisine — represent a long life.

- 1 lb (500 g) boneless, skinless chicken thighs or breasts, trimmed of any fat and cut into 3/4-inch (2 cm) cubes
- 1 tbsp (15 ml) soy sauce
- 1 tsp (5 ml) dried hot pepper flakes

- 1 tsp (5 ml) cornstarch
- 1/4 cup (60 ml) chicken broth
- 1 tbsp (15 ml) Chinese black vinegar, balsamic or rice vinegar
- 1 tsp (5 ml) sugar
- 2 tsp (10 ml) Asian chili garlic sauce
- 1 tsp (5 ml) hoisin sauce
- 1 tbsp (15 ml) vegetable oil
- 1 red pepper, cut into 1-inch (2.5 cm) squares
- 1/2 tsp (2 ml) cornstarch stirred into 1 tsp (5 ml) cold water
- 1/3 cup (75 ml) roasted, salted peanuts
- Cooked rice or noodles

METHOD:

In a medium bowl, stir together soy sauce, hot pepper flakes and cornstarch until smooth. Add chicken and toss gently to coat. Let

stand 10 minutes while preparing remaining ingredients.

Sauce: Stir together broth, vinegar, sugar, chili garlic and hoisin sauces, set aside.

Heat oil in large skillet or wok over medium-high heat. Add chicken and stir-fry until lightly cooked, 1 to 2 minutes. Add red pepper and stir-fry until tender-crisp, about 2 minutes. Stir in sauce mixture until bubbly and heated through.

Add dissolved cornstarch and cook, stirring gently until sauce thickens, about 30 seconds. Stir in peanuts and serve over rice or noodles.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Liquid Assets

Peter Rockwell

liquidassets@eastlink.ca

Long lost grape

When it comes to grapes there's been a lot of excitement in the vineyards over the last few years.

We've seen the return of long forgotten whites (riesling, sauvignon blanc), the rise of the South American red (malbec, carménère) and Obama-sized adulation for inventive blends (like the marriage of shiraz and viognier). Unfortunately all this "cool" fruit has taken its toll on one of my favourite varietals: Chardonnay.

First planted in France's Burgundy region, it's now grown just about everywhere which has fuel the fire under complaints that any originality has been long lost. I blame the over-oaking of many a chardonnay for all the back-turning, and most winemakers have been toning it down to reveal fresher flavours.

The 2007 Fat Bastard Chardonnay (\$14.95 - \$16.99) from southern France is a perfect example of where subtle barrel aging really lets the grape's lemony fruit come forward.

Over in California the 2006 J. Lohr Riverstone Chardonnay (\$20.75 - \$23.98) shows its light woodiness in the vanilla, coconut and butterscotch highlights that fuel its ripe, citrusy flavour trail.

Both wines make a hip reintroduction to a great grape and will match well with white fish, poultry dishes and lighter cream sauces.

Prices reflect the range across the country. Some products may not be available in all provinces.



Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

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Global EDMONTON

Hockey's secret weapon

JENNIFER HILLIKER for Metro Canada



Ever since the Canadian Junior Hockey Team won gold at the World Junior Hockey Championship in Sweden two years ago, they haven't wanted to change their luck.

That's why they brought Jeff Hanna and his chef Andrew Gass with them during the recent world junior championships in Ottawa.

"What you eat is a very big deal," said first-year player Tyler Myers. "It has a lot to do with your success on the ice."

A gold medal for Canada has come out of all three years Hanna and Gass have served the team.

"If they have a winning recipe for anything they do, they are going to stick with it," said Hanna, who owns The Metropolitan Grill, Tommy Burger and Seven Restolounge in Calgary. "We're three for three. We like to think that we did our part."

The other reason why Hanna and Gass keep returning to serve the team is because of their flair for knowing the athletes' food needs, which include grilled cheese sandwiches and plenty of pasta bolognese. "We served them mounds and mounds of pasta — it was unbeliev-



Calgary chef Andrew Gass.

able," Hanna said. "The team needs lots of carbs to keep their energy up."

Added Gass: "They just want something they can recognize. They have pretty regimented routines with stuff they're used to eating before the game."

It was this taste of Canada the team needed for the gold in Sweden.

"Hockey Canada phoned and said, 'For the first time ever in hockey history, we're going to bring our own chefs. With the dietary concerns in Sweden, the players aren't going to survive out there,'" Hanna said.

On the web

Online recipe:

- For Andrew Gass' recipe Hearts of Romaine Lobster Caesar Salad, visit metronews.ca

Sarah Jessica comments on Obama gown

Style icon Sarah Jessica Parker tells Usmagazine.com she loved the one-shouldered full-length white Jason Wu gown Michelle Obama wore to the 10 balls Tuesday evening. "I think she will be great for the business of American fashion," Parker tells Us magazine. **METRO NEWS SERVICE**

11

Style



An accessory for the gal about town

Horried of all the germs your purse will come in contact with on a dirty restaurant floor? If so, the My Tagalongs Purse Hooker is the perfect accessory for you. This handy collapsible hook latches onto any flat surface, making it easy to keep your purse safe and clean during an evening out. The My Tagalongs Purse Hooker, \$15, comes with its own pouch and is available in the handbag section of the Bay stores across Canada as well as online at mytagalongs.com.

METRO NEWS SERVICE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONews.CA

Judging the runway

Project Runway host Iman talks racism, diplomacy

BRIAN COULTON
for Metro Canada

Even in a black car with darkly tinted windows, you can see her sparkling.

As her vehicle pulls up, glimmers from her wrist and ears escape the glass barriers, capturing the beating sun outside. But while she may evade such obstructions, Somali-born supermodel Iman said women of colour aren't quite as opportunistic.

"I could go (on) ... on the lack of black models," she said on the Ottawa-based catwalk set of Project Runway Canada's second season, which she hosts.

Behind her mask of beauty — of her diamond-studded bracelets, earrings, shoes and her vast, glistening eyes — she knows how dark a fashion industry overrun with

eastern European models really is. "Of course I am aware! It is unacceptable for people to still be behaving like we were in the 1950s."

Aside from her 14-year-old cosmetics company designed specifically for women of colour, Iman's zeal for the issue also lead her to partake in two round-table discussions called Blacks in Fashion in New York. She said the talks, organized by pioneering black model and agent Bethann Hardison, caused Prada to use Jourdan Dunn for their fall 2008 collection, its first black model since Naomi Campbell in fall 1997.

"As a model, I can say whatever I want because I'm a citizen. I don't work

for anybody. That's why I can talk about the lack of black models without anyone retaliating against me," she said.

But Iman didn't always have her eye on the runway. Before being discovered by American photographer Peter Beard at just 20 years old, Iman was set on a political career, following in her diplomat father's footsteps. But she said a diplomat must be wary of what they say because they have to "play ball" within the system.

Iman has her own way of being diplomatic. "How do I really say it in the right way that I want to say it without offending or insulting people? That's

the way diplomacy comes into it," she said.

"How do I make them see that they are going the wrong way — how arcane they are and how out of touch they are — without saying, 'You're stupid! You're being an ass!'" she questioned.

That's why, when asked, Iman had no qualms with allowing her only daughter (once finished school) to enter the industry if she desired. "It gives you a platform where you can actually say something that the newspapers will write about. In that way, I think there is that responsibility you can take advantage of."

Project Runway

- Season two of Project Runway premieres on Global on Jan. 27.



Project Runway host and model Iman is not only a style icon, but also a political personality with an involvement in organizations like Blacks in Fashion.

The slouchy boyfriend jean

Style File

Kim Elbo

kim.elbo@gmail.com

ask kim

When should I expect spring collections to start rolling into the stores this year?

At this time of year many outdoor stores and malls are having their sidewalk sales. This means old holiday inventory wear is being pushed out of the doors and sold outside to make room for their spring inventory. Spring collections should start coming in late January to early February. In the meantime, take advantage of the sales and grab some basics.



The Slouch
Designer: Matix
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Address: Various Locations
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The Slim Fit
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Shop: Mavi
Address: Various Locations
mavi.com



The Flare
Designer: Parasuco
Shop: Parasuco
parasuco.com

GlobalStyle

Kenya Hunt

Read Kenya, exclusively at metronews.ca/globalstyle and check out her blog at kenystyle.com

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.



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Tom Cruise wants to star in a film about last week's Hudson River plane crash. The actor, who is a qualified pilot himself, wants to play Captain Chesley Sullenberger — the man who successfully crash-landed the aircraft on to the New York river, saving all 150 passengers. FEMALEFIRST.CO.UK

Entertainment

EDITOR: DEAN LISK, DEAN.LISK@METRONEWS.CA



Escort service

Katie Holmes has landed a part in a new comedy called *The Extra Man*. The flick stars Kevin Kline as a failed playwright who becomes an escort to older ladies. INTOUCHWEEKLY.COM

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Springsteen realizes a Dream

Bruce Springsteen

Album: Working On A Dream

Label: Sony

Rating: ●●●●●½



BRUCE SPRINGSTEEN IS in a happy place. His buddy Obama is in office. He's got a Golden Globe for *The Wrestler* (it's a "bonus track"). He's got Patti. And his last album proved he can still rock the new millennium. You figure The Boss

can do just about whatever he wants, now. And you'd be correct about that. He can write happy endings to outlaw songs, find love in "aisle two" of the local supermarket, score his music with layers of strings, write dime-store lyrics like "honey, you're my lucky day." Springsteen doesn't have to be deep and dark all the time. But he does need to capture our spirits and lift them when they need a jolt. This is a remarkably beautiful rock album, perhaps finally capturing the sound that should have been the

MusicReviews

music@metronews.ca

backdrop for *Born To Run*. And it still features old friends from E-Street, keyboards and sax so fat you could hide an army in them, guitars that slice through the night. Some critics, yearning for the poetry of *Badlands* and *Thunder Road*, may call it shallow. But who cares? The Boss can do what he wants. We're lucky to have him.

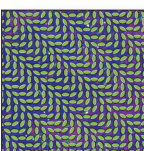
Graham Rockingham/for Metro Canada

Animal Collective

Album: Merriweather Post Pavilion

Label: Domino

Rating: ●●●●½



PARENTS, IF YOU find this in your children's collection, check the sock drawer.

You'll be able to identify Animal Collective by the cover art. It should turn 3-D when you're high. Don't worry, though. It's not dangerous. It's actually pleasant, trippy fun. The sort of stuff that will plaster a smile on your face and leave it there for ... hours. A world of multi-layered dreams, off-kiltered harmonies, kaliope organs and cold, dripping water.

Graham Rockingham/for Metro Canada

he on sax with just a bass or two and one or two drummers — as a way to showcase his skilled Sonny Rollins-esque originality. Ear-pleasing jazz never sounded so arty yet so accessible.

Ian Nathanson/for Metro Canada

Antony And The Johnsons

Album: The Crying Light

Label: Secretly Canadian/Sonic Unyon

Rating: ●●●●



NO ONE CAN argue that Antony Hegarty, who plays under the moniker

Antony and the Johnsons, is one of, if not the, most eclectic artist around. His soaring operatic vocals and orchestral instrumentation are not for the casual listener, but play his third album a few times and it's easy to see why everyone wants a piece of 2005's Mercury Prize winner. Deeply personal lyrics about pressing world and human issues and flawless string work combined with Hegarty's haunting melodies makes this a must have. Bryan Borzykowski/for Metro Canada

Joshua Redman

Album: Compass

Label: Nonesuch/Warner

Rating: ●●●●½



SOME JAZZ ARTISTS can over-load on instrumentation and arrangements, and

then adopt an ostentatious attitude when outsiders can't wholly understand their art. Joshua Redman prefers to welcome listeners to a clutter-free environment —



The Boss is back with a new album.

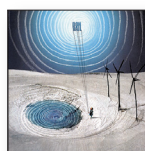
GETTY IMAGES

Don Vail

Album: Don Vail

Label: Independent

Rating: ●●●●



DON VAIL IS a Hamilton-Toronto collective crafted out of the embers of Chore,

Treble Charger, the Priddle Concern and cartoon metal-heads Sons Of Butcher. They've served stints with Broken Social Scene and helped out Wintersleep on tour. Now Chris Bell (bass), Bill Priddle (lead guitar), Mitch Bowden (vocals, guitar, keys) and David Dunham (drums) come together for their debut CD under the name Don Vail. Produced by Jordon Zadorozny, the 10-track album is a proggy pop on the surface, but has plenty for the serious indie rockster to sink his teeth into. Angular guitar flourishes, intricate bass patterns and close-to-the-edge drumming provide a backdrop for Bowden's restrained, folksy vocals. It has its moments on tracks like *Black Book Page* and *Linda McCartney*, but there are times when you want them to just let loose.

Graham Rockingham/for Metro Canada

Bon Iver

Album: Blood Bank

Label: JagJaguwar/Sonic Unyon

Rating: ●●●●½



ONE OF THE best musical moments of 2008 was Bon Iver's brilliant debut disc.

On *For Emma, Forever Ago*, The Wisconsin act, which is just singer-songwriter Justin Vernon, perfected the infectious, lo-fi acoustic sound, so it's no surprise that his four-song EP is another fantastic listen. Opener *Blood Bank*, with its soft pounding bass drum and rich harmonies improves on his formula; *Woods*, however, is a miss thanks to Vernon's Kanye-like auto-tuned vocals, a technique he should never touch. Still, this will leave you desperate for a new full-length.

Bryan Borzykowski/for Metro Canada

Be careful what you wish for.

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Coraline

IN THEATRES FEBRUARY 6

EXPERIENCE IT IN REAL D 3D IN SELECT THEATRES

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Obama musical in spring

The brand new, 44th President of the United States has inspired a brand new musical. March will bring Obama On My Mind to London — to Islington's Hen and Chickens Theatre, to be exact, reports Playbill.com. PEOPLE.COM



Arrested film unlikely

IntelleVision



HOPE SPRINGS ETERNAL: "We've been covering rumours of an Arrested Development movie for nearly a year now," writes Brian Jacks on MTV's Movies Blog, before going on to dish up the latest news — or non-news, as it may be — about the unmade film that no one seriously expects to see.

Movie versions of cancelled TV series are basically the production house version of "I'll call you" — an insincere promise made during a moment of weakness, meant to paper over the awkwardness of telling people that one day, hopefully sooner than they think, it'll be time to move on.

Movie versions of everything from The Sopranos, Rome and Deadwood to



A scene from the Fox series Arrested Development.

The Riches and Jericho have been talked about, sometimes with a straight face — HBO has a seasoned Lothario's propensity for the empty gesture — but they've only rarely materialized; Joss Whedon's Serenity, based on his short-lived Firefly series, and the epic Sex And The City film are the most recent examples, and I don't think anyone will seriously suggest that the reputation of the originals was in any

way enhanced by their movie reprises. Talk of an Arrested Development film has been going on since before the last episode aired almost two years ago. Several of the key cast members have made enthusiastic noises about doing a film, but the notable holdout has been rumoured to be Michael Cera, whose career has taken off since the show left the air.

Interviewed at Sun-

dance, Cera denied that he was the holdout to MTV, but did say that he has yet to see a script and that the movie may be "more hypothetical than people think." By now, fans of the show should probably start admitting that the moment is past, and that by the time this chimera could actually materialize in the theatres, it'll be the equivalent of a Freaks And Geeks movie. (Which, come to think of it, is what nearly every Judd Apatow film so far has been.)

I KNOW I PROMISED, BUT: Now that creator Matt Weiner has been resigned to the show for two more episodes, I think it's time I broke my vow not to talk about Mad Men until the third season begins — sometime in July, according to the New York Post. And that would be all I've got, right now. Yup, that's it. Nothing more. You can stop reading now.

Rick McGinnis writes about music, movies, books and television, but not opera.

Love Guru leader in Razzie roster

NOMINEES The Love Guru, a comedy that Mike Myers spent years developing only to see it flop at the box office last summer, led the contenders for the annual Razzie Awards, a tongue-in-cheek commemoration of the year's worst movies, organizers said yesterday. The film, in which the Canadian comic plays a spiritual healer, picked up seven nominations, including worst picture, director and screenplay.

Myers will compete for worst actor alongside some of Hollywood's biggest stars — last year's winner, Eddie Murphy, (Meet Dave), Al Pacino (88 Minutes and Righteous Kill), Mark Wahlberg (The Happening and Max Payne) as well as comedian

Larry the Cable Guy (Witless Protection).

The worst actress category comprises Myers' co-star Jessica Alba, who was also honored for The Eye, Cameron Diaz (What Happens in Vegas), Paris Hilton (The Hot Chick & the Nottie), Kate Hudson (Fool's Gold) and My Best Friend's Girl), and the cast of The Women.

Director M. Night Shyamalan's The Happening and the romantic comedy The Hot Chick & the Nottie were also nominated for worst picture, alongside the spoofs combo Disaster Movie and Meet the Spartans, and the fantasy adventure In the Name of the King: A Dungeon Siege Tale.

REUTERS



Mike Myers in The Love Guru.

Obama stylist lands reality show deal

PEOPLE Michelle Obama's hairstylist has landed a development deal to star in a reality show. Former Chicagoan Johnny Wright has signed a deal with 44 Blue, which produces such reality shows as Style Network's Split Ends and A&E's L.A. Gang Unit.

44 Blue executive vice president Stephanie Drachkovitch said she discovered Wright while searching for a reality host. "There aren't many people of colour doing makeover and beauty shows," she said. "We figured there's got to be somebody out there with a mainstream clientele, but brings a different point of view."

Enter Wright, who moved to Los Angeles recently and whose clients have included actors Vivica A. Fox, Rebecca Gayheart and Lauren London and Sex and the City writer Candace Bushnell. Drachkovitch said she was impressed with the hairstylist's personality before she knew his Obama connection.

REUTERS

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	2	CFRN	239 318	etalk	Hollywood	ER (HDTV) (N)		CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		News (N)
	3	KHQ	- 370	College Basketball	Gonzaga at Pepperdine. (Live)			Name Is Earl	Kath & Kim (N)	The Office (N)	30 Rock	(11:01) ER
	4	CBXT	- 307	Coronation St.	Jeopardy! (N)	The Nature of Things		Doc Zone (HDTV) (N)		CBC News: The National		The Hour
	6	KREM	- 372	News (N)	Hollywood	The Doctors		NCIS "Agent Afloat"		CSI: Crime Scene Invstgtn.		Eleventh Hour
	7	CKEM	241 347	Law & Order: SVU		Murdoch Mysteries		Ugly Betty (N)		30 Rock		Your City
	8	CITV	240 339	ET Canada	Entertainment	The Unit "The Conduit"		Bones		The Office (N)	The Office	News Hour
	11	OMNI	- -	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metropia
	12	CBXFT	119 705	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (SC)		M pour musique (HDTV) (SC)		Le Téléjournal et Les Nou		TJ Alberta
	13	KXLY	- 371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Ugly Betty (N)		Grey's Anatomy (N)		Practice
	16	KAYU	- 373	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Bones "Double Trouble in the Panhandle; Fire in the Ice"				News (N)
news	19	CHTV	- -	The Insider (N)	EI News	Name Is Earl	Kath & Kim (N)	Criminal Intent (2005, Suspense) Linda Purl.				News (N)
	22	KSPS	- 374	NewsHour With Jim Lehrer		Health Matters, TV for Life		Poirot		New Tricks		Soundstage (N)
	24	WTVS	- 364	Ask This Old	Michigan	The Human Face (DVS)		Red Green	Summer Wine	Tavis Smiley	Charlie Rose (N)	
	15	CBNC	502 -	CBC News: The National		The Nature of Things		CBC News: The National		CBC News: The National		Nature-Things
	21	TWN	505 398	NBA Basketball: Celtics at Magic		EarthWatch One		EarthWatch Two				
	27	CNN	500 500	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	54	CTVN	501 391	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	70	BNN	504 508	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play
	20	TSN	400 400	(5) Tennis Australian Open -- Early Round -- Day 5. From Melbourne, Australia. (Live)								SportsCentre
	23	net	408 418	OHL Hockey Sudbury Wolves at Windsor Spitfires. (Live)						Sportsnet Connected		Prime Time
sports	47	SPEED	417 406	Pinks -- All Out		Wrecked	Wrecked	Trackside	NASCAR Pre.	Pinks -- All Out		Pinks -- All Out
	94	SCORE	410 403	NBA Basketball: Celtics at Magic				Washington Wizards at Los Angeles Lakers. (Live)				Final Score
	9	EDACC	267 351	Truth, Duty, Valour		Medium		Eleventh Hour "Miracle"		Private Practice (N)		Truth, Duty
	14	YTV	552 543	Drake & Josh	iCarly	Scorpion	Prank Patrol	Malcolm-Mid.	Futurama	Adrenaline Proj	Prank Patrol	Falcon Beach
	17	TREE	553 546	Little Bear	Maggie-Beast	Comfy Couch	Rolie Polie Olie	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	42	TOON	555 545	Ben 10	Johnny Test	Totally Spies	Total Drama	6teen	6teen	Misadventures	Futurama	The Critic
	45	FAM	557 541	Zoey 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School
	-	TVA	121 714	TVA 18 heures	Le Cercle (SC)	Le Petit Monde		Ce n'était qu'un rêve		Morency Live (N)		TVA 22 heures
	18	CMT	575 583	Reba	Reba	Hope & Faith	Hope & Faith	Cheerleaders	Cheerleaders	Home Improve.	Home Improve.	Reba
	25	A&E	615 520	The First 48 (HDTV) (N)		The Beast (HDTV) (N)		The Beast (HDTV)		The First 48 (HDTV)		The First 48
family	26	MMM	571 581	Foo Fighters	Revival	Tommy Lee	Where You At	Celebrity Wrestling		Party of Five		Countdown
	29	FOOD	603 561	Unwrapped	Secret Life of	Family	Glutton-Punish.	Ace of Cakes	Ace of Cakes	Challenge Knife skills.		Unwrapped
	31	SHOW	617 522	Wife Swap		The Outer Limits		Love-Death	Love-Death	Trailer Park	Trailer Park	The Island
	32	DISC	520 505	Crocodile Feeding Frenzy		MythBusters		Daily Planet		Deadliest Catch		Squid Invasion
	33	SLICE	601 562	Last 10	Last 10	The Biggest Loser		ET Canada	Matchmaker	The Biggest Loser		Trading Sp
	34	W	602 567	Style by Jury	Style by Jury	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design
	35	TLC	521 560	Saw for Hire	Saw for Hire	LA Ink (HDTV) (N)		Saw for Hire	Saw for Hire	LA Ink (HDTV)		Overhauled
	36	BRAVO	620 523	Century Hotel ** (2001, Drama) Lindy Booth.				Law & Order		Without a Trace		Century Hotel
	38	SPIKE	628 584	TNA IMPACT! (HDTV) (N)				CSI: Crime Scene Invstgtn.		UFC Primetime	UFC Primetime	MANswers
	40	HIST	522 506	Deep Wreck Mysteries		NCIS "Driven" (HDTV)		Ancestors	Ancestors	Lost Worlds		Engineering
cable variety	41	COM	626 547	Laughs	Comedy Now	Air Farce	Just for Laughs	Corner Gas		The Simpsons	South Park	VIP
	43	SPACE	627 528	Rabbit Fall	Rabbit Fall	Ghost Hunters International		Stargate SG-1 "Seth"		Star Trek: Next Gener.		Deep Space 9
	44	WPCH	294 650	Friends	Friends	The Pallbearer ** (1996, Comedy)	David Schwimmer.	Survivorman		Family Guy	Family Guy	Seinfeld
	46	OLN	411 457	Mantracker		Bounty Hunter	Bounty Hunter			Mantracker		Bounty Hunter
	48	TROP	619 525	What Happen?	What Happen?	Make or Break	Naked Fashion	Family Guy	Seinfeld	Seinfeld	Raymond	Family Guy
	50	STAR	621 527	Losing It in Hollywood		The Tonight Show-Jay Leno		TMZ	etalk	The View (HDTV)		Losing It
	52	HGTV	600 564	The Fix	Disaster DIY	Home to Flip	Real Renos	Holmes on Homes		The Fix	Disaster DIY	Home to Flip
	65	TLN	700 800	(6) Cavalli Si Nasce		Raymond	Raymond	George Lopez	George Lopez	The Sopranos "College" (SS)		Paid Program
	92	APTN	269 350	Suaangan	Wapos Bay	By the Rapids	renegadeexpress	The Green Mile *** (1999, Drama)		Tom Hanks, David Morse.		
	93	VISION	261 394	Oh God! You Devil ** (1984, Comedy) George Burns.				Poltergeist: The Legacy		Oh God! You Devil ** (1984, Comedy)		
cable variety	100	MTV	581 566	The Real World		True Life		MTV Live	After	Next	Mom & Dad	True Life
	101	MM	570 580	Dance Crew	Video on Trial		Pimp My Ride	Video on Trial	Video on Trial	America's Best Dance Crew		
	102	CPAC	512 396	The Public Record				The Public Record		Primetime Politics		Public Record
	103	VIVA	526 507	Most Haunted		Passion	Homicide File	Psychic Inv.	Encounters	Judging Amy		Most Haunted
	106	RDI	126 730	Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal (SC)		Le Journal RDI	Le National	Le Téléjournal

critics' corner

The Nature of Things What's the best way to learn sustainable living skills? Watch people who have them. That's what David Suzuki and his youngest daughter, Sarika, do in "The Suzuki Diaries." They travel through Europe learning firsthand how to build sustainability into daily life, from food and crafts to travel and energy production. 8 PM on CBXT



ER Matters of the heart — and we don't mean cardiac cases — are uppermost in this new episode. While Gates (John Stamos) tries to get over Sam (Linda Cardellini), Neela (Parminder Nagra) is on edge thanks to Brenner's (David Lyons) return from Australia. Patients? Oh, yeah. Morris (Scott Grimes) treats a bicycle accident case that proves complicated in "Love Is a Battlefield." 8 PM on CFRN



Shia LaBeouf has had his driver's license suspended for a year, femalefirst.co.uk reports. The Eagle Eye star has been banned from driving after failing to take a breathalyzer test following his car crash in Hollywood, Los Angeles, last July. **METRO NEWS SERVICES**

Celebrity Buzz

Fiddy has a 'girly' workout routine

IMAGE 50 Cent says he works out like a woman, femalefirst.co.uk reports. The muscular rapper says his toned physique is the result of "girly" weight-free routines rather than pumping iron.

He said: "It's intense, and there are no weights involved. And some of it's like girly stuff, like just kicking your leg, but it's muscles you don't really ever work at."

Men don't usually go to the gym and say, 'I'm going to develop my ass. This'll be the J.Lo workout.'"

METRO NEWS SERVICES



Renee's dating a TV correspondent

DATING Renee Zellweger is dating a journalist, femalefirst.co.uk reports. The actress was spotted enjoying an intimate meal with MSNBC legal correspondent Dan Abrams at the American Hotel in Sag Harbor, New York, on Saturday. The couple canoodled throughout the evening, appearing completely at ease in each other's company. Zellweger is not the first actress with whom Abrams, 42, has been romantically linked.

METRO NEWS SERVICES



Eva's gotta have spice

FAVES Eva Mendes can't live without spice, according to femalefirst.co.uk. The Spirit actress enjoys a temperature-raising taste sensation and would take crushed red pepper and her boyfriend with her if she was ever stranded on a desert island, the website adds.

She said: "My five desert island staples would have to be my boyfriend George Augusto, our dog Hugo, an iPod, the Sunday New York Times newspaper and crushed red pepper."

The 43-year-old actress has also revealed she would-

n't change a thing about her physical appearance.

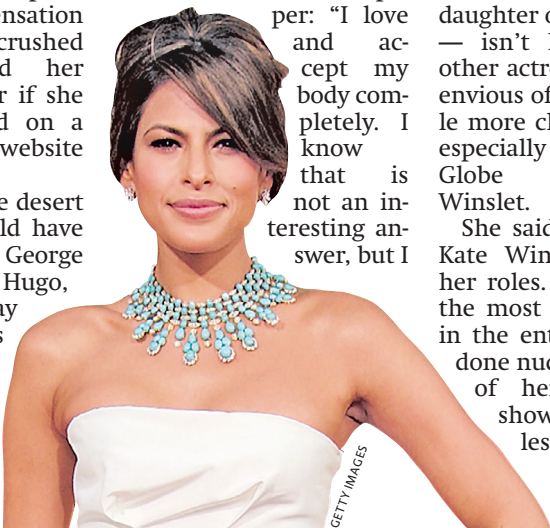
She told Britain's The Times newspaper: "I love and accept my body completely. I know that is not an interesting answer, but I

really wouldn't change anything. I've worked too hard on accepting it all."

But while Eva — the daughter of Cuban parents — isn't hankering after other actress' looks, she is envious of those who tackle more challenging roles, especially double Golden Globe winner Kate Winslet.

She said: "I would steal Kate Winslet's roles. All her roles. Not only is she the most amazing actress in the entire world, she's done nude scenes in a lot of her films which shows she's just fearless."

METRO NEWS SERVICES



Joaquin 'storms' out of soundcheck

ANGER MANAGEMENT Joaquin Phoenix reportedly "stormed out" before a Las Vegas concert after losing his cool with a film crew, femalefirst.co.uk reports. The actor-turned-singer is believed to have been furious when Casey Affleck's camera crew — who are docu-

menting Joaquin's transition into music — were late for his sound check at LAVO nightclub last week, the website adds.

A source said: "He was waiting for Casey Affleck and when the film crew arrived late, Joaquin flipped out. Phoenix yelled at the crew, 'Thanks for being late and f—ing everything up.' He then threw a CD on the floor and stormed out."

Phoenix soon regained his composure and returned to the stage to rehearse his set.

The source added to the New York Post: "He came back five minutes later and did the sound check. Nobody can tell if he is for real or if this is all a big joke."

During his set, a dishevelled Joaquin danced unsteadily and fell into the crowd as he exited the stage, adds the website.

METRO NEWS SERVICES



Marc Anthony brings J. Lo onstage for a duet

COUPLEDOM That Marc Anthony sure knows how to end his set, people.com reports. The crooner completed his recent inaugural performance by bringing "my wife," Jennifer Lopez, on to the stage with him, for a duet.

This thrilled the crowd at the Inauguration's Western Ball, where the guests also included Angela Bassett and Harold & Kumar and House star Kal Penn,

reports The Washington Post. The 10:25 p.m. appearance of Lopez also further put to rest rumours of a marital rift between the couple.

Earlier in the evening, Anthony had said, "I wrote this next song about Jennifer. I must have been psychic." The song was his decade-old You Sang to Me.

"She didn't get the point, but eventually it worked," said Anthony, the Associated Press reports. The couple ended their duet with a kiss.

"Man, she's cute," Anthony said after Lopez exited the stage. **METRO NEWS SERVICES**



Joint bank account for Sam and Lindsay?

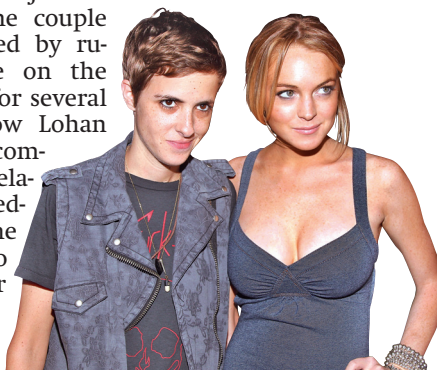
ROMANCE Lindsay Lohan and Samantha Ronson have taken their relationship to the next level — by reportedly setting up a joint bank account, reports eonline.com

The Mean Girls star has been dating the DJ since last year but the couple has been plagued by rumours they are on the brink of a split for several months. But now Lohan has shown her commitment to the relationship by allegedly ploughing some of her wages into an account for the pair.

A source tells

Britain's Daily Express, "Lindsay was reportedly earning \$168,000 US per episode for her stint on Ugly Betty last year and she's stashed that into a joint bank account to show Sam how much she loves her."

METRO NEWS SERVICES



Jonas Bros. are in the house

PARTY CRASHERS President Barack Obama and his wife Michelle weren't the only ones who got entertained by A-listers on inauguration night. Their daughters Malia, 10, and Sasha, seven, received a surprise visit from the Jonas Brothers,

says usmagazine.com. ABC News reports that the Obama girls kicked off inauguration night by watching movies with some of their pals from their new school Sidwell Friends.

They then had a scavenger hunt around their new home to learn its history. At the end of their hunt, Malia and Sasha opened a door to find Kevin, Joe, and Nick Jonas (who played Monday at the Kids' Inaugural Concert).

METRO NEWS SERVICES



Amy rescues fellow guest off the rocks

GOOD DEED Singer Amy Winehouse helped rescue a fellow guest at the St. Lucia resort where she's been staying. Louise Williams said Winehouse saved her after she was thrown from a boat onto rocks during a sailing lesson.

"Amy was on the beach 20 metres away and she ran across immediately and said, 'Let's have a look

at you,'" Williams told Britain's the Sun. "She picked me up and took me across to the showers and was constantly asking, 'Are you all right?'" Winehouse later said: "I thought she was going to die."

METRO NEWS SERVICES



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Today
 Breaks of sun
 -8 °C / -12 °C

Friday
 Clearing skies
 -16 °C / -21 °C

Saturday
 Partly cloudy
 -15 °C / -22 °C



Michele McDougall, Weather Specialist & Host – Breakfast Television
 “My favourite part is reporting the weather. It fascinates me, and as we know around here, it’s always changing, keeping forecasters on their toes.”
WEEKDAYS AT 6 AM

Take Five

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15			16						17			
			18				19		20			
21	22				23		24					
25				26		27		28		29	30	31
32			33		34		35		36			
37				38		39		40		41		
			42		43		44		45			
46	47	48				49		50				
51					52		53				54	55
56					57					58		
59					60					61		

Crossword across

- 1 Ming of the NBA
 4 Census statistics
 8 Envelope part
 12 Ostrich’s cousin
 13 Pleasing
 14 Queue
 15 Don’t move
 17 Prayer ending
 18 Piratic potation
 19 Wilder drama
 21— council (“Survivor” event)
 24 Snapshot
 25 Computer woe
 26 Torched
 28 Extemporizes
 32 Wan
 34 Luau side dish
- 36 Urban disturbance
 37 Fix a knot
 39 Antiquated
 41 “CSI” evidence
 42 Water barrier
 44 Carell’s “The 40 Year Old Virgin” co-star
 46 Summertime cooler
 50 Clay alias
 51 Wise guys?
 52 Ill-defined time
 56 Andy’s pal
 57 Exceptional
 58 — polloi
 59 Netting
 60 — and terminer
 61 Cowpoke’s nickname

Crossword down

- 1 “Absolutely”
 2 Parisian pal
 3 Unreservedly
 4 Critter
 5 Showbiz job
 6 Reverberate
 7 Arrangement
 8 Freight train component
 9 Wheels of fortune?
 10 From square one
 11 Teller’s cohort
 16 Bathroom fixture
 20 “6 Rms — Vu”
 21 Ski-lift transport
 22 Stratagem
 23 Back talk
 27 As well
- 29 Cinderella’s curfew
 30 Corn recipe
 31 Constellation part
 33 Leo Rosten’s tongue
 35 Sort
 38 Cause corrosion
 40 Casino employee
 43 Subway
 45 Inventor Whitney
 46 Mosque VIP
 47 Arrived
 48 Ids’ counterparts
 49 Vacationing
 53 Rage
 54 Break ground?
 55 Ducats

PREVIOUS DAY’S CROSSWORD AND SUDOKU ANSWERS:

M	O	B		P	E	A	S		D	A	D	A
A	P	E		E	T	N	A		A	V	E	R
G	U	T		R	A	I	N		C	H	E	C
I	S	A	A	C					G	A	L	
				L	E	M	A		W	I	T	C
F	O	R	T	P	E	C	K		A	U	R	A
I	D	O		T	R	E	N	T		B	O	W
L	I	S	T		C	R	E	W		N	E	C
S	N	A	I	L		B	E	I	N			
				P	O	P			N	E	E	D
S	H	I	P		W	R	E	C	K		W	E
A	O	N	E		O	R	A	L		E	L	L
M	E	N	D		W	A	N	E		R	I	P

8	7	2	1	5	6	4	9	3
6	9	3	4	7	2	1	8	5
4	5	1	8	3	9	7	6	2
5	2	8	6	4	1	3	7	9
7	1	4	9	2	3	8	5	6
3	6	9	5	8	7	2	1	4
2	8	7	3	9	5	6	4	1
9	4	6	2	1	8	5	3	7
1	3	5	7	6	4	9	2	8

SUDOKU SOLVE TIME:	17-21 min	Smart
Under 13 min	Genius	
13-17 min	Scholar	
	21-25 min	Not bad
	25+ min	Keep practising

Metro Recipe of the Day



Fish Soufflés

INGREDIENTS:

5 oz (150 g) waxy potatoes, scrubbed
 salt and freshly ground black pepper
 2/3 lb (300 g) skinless ling or hake fillets
 3 tbsp (45 mL) butter, softened
 2 French shallots, finely chopped
 1/4 cup (50 mL) cream
 3 eggs, separated
 1 tsp (5 mL) wholegrain mustard

METHOD:

1. Put potatoes and pinch of salt in saucepan with plenty of cold water. Cover, bring to boil, and cook for 25 minutes until tender.
 2. Meanwhile, put fish and pinch of salt in large frying pan with enough cold water to cover. Bring to boil, then reduce heat immediately. Cover and simmer 3 minutes. Leave fish to cool in liquid, then drain and coarsely crush flesh with fork; removing bones.

3. Heat 2 tsp (10 mL) butter in small saucepan, add shallots and cook gently over low heat 5 minutes. Add cream and remove from heat.
 4. Preheat oven to 400°F (200°C). Use 2 tsp (10 mL) butter to grease four 1 1/4 cup (300 mL) ramekins. Drain and peel potatoes and crush with fork. Add remaining butter, shallot-cream mixture and some pepper. Beat in egg yolks and mustard. Fold in fish.
 5. Add pinch of salt to egg whites, whisk until stiff then fold into potato-fish mixture. Pour into soufflé dishes and smooth surface with a spatula. Bake 15 minutes until puffed and golden. Serve immediately.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes

AVATAR VENUS

ARIES

MARCH 21-APRIL 20

You won't move fast enough to pull off a quick exit. A youthful woman will give you what you need. A friendship is undergoing drastic changes.



TAURUS

APRIL 21-MAY 21

Compassion convinces someone to help you out. A miser is tempted to sway the opposition. You can calm someone down.



GEMINI

MAY 22-JUNE 21

Your prospects will improve when you become fearless. An egomaniac will be in the right place. You don't have to settle for second best.



CANCER

JUNE 22-JULY 22

You'll find a safe place to hide your money. Someone's pity party will push you too far. Heed a loser's opinions for inspiration.



CAPRICORN

DEC 22-JAN 20

You'll brighten someone's day. Lack of business causes an offer to be withdrawn. You can find a better situation soon.



LEO

JULY 23-AUG 23

Painless adjustments are going to be made. Watch out for those who don't seem normal. This is the time to use self-control.



AQUARIUS

JAN 21-FEB 18

Standing by your promises reassures others. Too much passion will be good enough. You'll need to be very diplomatic.



VIRGO

AUG 24-SEPT 22

A dreamlike situation will force you to wake up. Only women will understand a tough lesson. Be brave when facing disillusion.



PISCES

FEB 19-MARCH 20

An arrogant person is incapable of going it alone. You'll get out of a predicament. A friend will ask for help at a crucial moment.



LIBRA

SEPT 23-OCT 23

A happy person's phone call gives comfort. A clash turns someone into a blubbing fool. A vexing person agrees with you on a touchy subject.



SCORPIO

OCT 24-NOV 22

A beneficial trip will have happy consequences. A man arrives bearing glad tidings. An appealing object has uncertain value.



SAGITTARIUS

NOV 23-DEC 21

Being tactful will help in a tense situation. Get ready to jump for joy after a leap of faith. A man's laughter creates intimacy after dark.



TELL METRO READERS WHAT YOU THINK

NEW "COMMENT & VIEWS"

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WORDY GURDY®

BY TRICKY RICKY KANE

1. Guided Foxx of "Sanford and Son" (1)
 2. Possesses fossils (1)
 3. Yucky medicinal amount (1)
 4. Co-op admissions panel laughed hard (1)
 5. Compares and rates muddy deposits (2)
 6. Naval address for Muppets' creator Jim (2)
 7. Siesta taker's paging devices (2)

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

ANSWERS: 1. LED REDD 2. OWNS BONES 3. GROSS DOSE 4. BOARD ROARED 5. JUDGES SLUGGS 6. ENSIGN HENSOS 7. SLEEPERS BEERS

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